

JUNE 2023

Walnut Ridge School



This school is an equal opportunity provider.
Menus are subject to change.



Nutrition Tip: Yogurt can be eaten in lots of fun ways. It can be made into a dip for fruits or veggies, used as a base for sauces or substituted for sour cream to top off your taco or baked potato. Try using yogurt in a smoothie to celebrate National Smoothie Day on June 22.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Each tray comes with
8oz of milk and
assorted fruit.



Chicken Nuggets
Mashed Potatoes
Green Beans

5

Corn Dog
Black Eyed Peas
Fried Okra

6

Ham & Cheese Hot
Pocket
Salad
Cooked Carrots

7

Hamburger
French Fries
Lettuce/Pickle

8

Pizza
Salad
Corn

9

Chicken Nuggets
Cheesy Mashed Potatoes
Cooked Carrots

12

Hot Dog
Baked Chips
Carrots/Broccoli w/Ranch

13

Cheeseburger
Spicy Fries
Lettuce/Pickle

14

Burrito
Chips/Salsa
Pinto Beans

15

Pizza
Salad
Corn

16

Chicken Nuggets
Mashed Potatoes
Green Peas

19

Mini Corn Dogs
Pork N Beans
Salad

20

Turkey & Ham Sandwich
Baked Chips
Carrots/Celery Sticks

21

Chicken Sandwich
French Fries
Lettuce/Pickle

22

Pizza
Salad
Corn

23

Chicken Nuggets
Mashed Potatoes
Green Beans

26

Pizza Stick
Salad
Black Eyed Peas

27

Hamburger
Spicy Fries
Lettuce Pickle

28

Crisptios
Baked Chips
Fresh Veggies

29

Pizza
Salad
Corn

30